Referral Resource Guide

# Rochester, NY

# IN AN EMERGENCY OR CRISIS

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| **For assistance in an emergency situation** |  | **National Suicide Prevention Lifeline** |
| Dial 911 |  | **988 OR 1-800-273-TALK (8255)** *(press 1 for veterans, 2 for Spanish)* |
| Dial 988 |  | **Crisis Text Line** |
|  |  | Text HELP to 741741 |

# DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

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| **National Child Abuse Hotline** |  | **National Sexual Assault Hotline** |
| 1-800-4-A-CHILD (1-800-422-4453) |  | 1-800-656-HOPE (4673) |
| **National Domestic Violence Hotline** |  | **RAINN** (Rape, Abuse & Incest National Network) |
| 1-800-799-SAFE (7233)  1-800-787-3224 (hearing impaired line) |  | 1-800-656-HOPE (4673)  www.rainn.org |
| **Willow Domestic Violence Center** |  | **NYS Domestic & Sexual Violence Hotlines** |
| 24-Hour Hotline (585) 222-SAFE (7233)  hotline@willowcenterny.org |  | (800) 942-6906 (English)  (800) 942-6908 (Spanish) |
| **RESTORE Sexual Assault Services** |  | **Bivona Child Advocacy Center** |
| 1-585-546-2777  restoresas.org |  | 1 Mount Hope Avenue  (585) 935-7800  www.bivonacac.org |

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# TREATMENT RESOURCES

***Substance Abuse Treatment***

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| **Open Access/Delphi Rise** |  | **Evelyn Brandon Chemical Dependency Clinic** |
| 835 W. Main Street Rochester  [www.delphirise.org](http://www.delphirise.org) |  | 81 Lake Avenue  (585) 368-6900 |
| **Baden Street Settlement** |  | **Pathways** |
| 152 Baden Street  585.325.4910  info@badenstreet.org |  | 435 E Henrietta Road  (585) 424-6580  www.chsbuffalo.org/locations/pathways-rochester |
| **Unity Chemical Dependency Clinic** |  | **Huther Doyle** |
| 1565 Long Pond Road  (585) 922-9900 |  | 360 East Avenue  585.325.5100  admin@hutherdoyle.com |
| **Strong Recovery Outpatient** |  |  |
| 2613 W. Henrietta Road, Suites C & D  (585) 275-3161. |  |  |

SAMHSA’s National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

National Council for Mental Wellbeing can assist you in finding a local provider of behavioral health services and support. [**TheNationalCouncil.org**](http://www.thenationalcouncil.org/) (click on “Find a Provider”)

***Mental Health Treatment***

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| **Tree of Hope Counseling Service ( East Side)** |  | **Gavia Life Care Center (West Side)** |
| 585-500-9420  www.treeofhopecounselingrochester.com |  | 585-371-6464  www.gavialifecarecenter.com |
| **University of Rochester Medical Center Behavioral Health Clinic ( Takes Medicaid)** |  | **Genesee Mental Health Services ( Takes Medicaid** |
| 300 Crittenden Blvd  585-275-3535 |  | 244 Alexander Street  585-922-9900 |
| **Spiritus Christi Mental Health Services** |  | **Psychology Today** |
| 121 North Fitzhugh Street  585-325-1180  www.scmentalhealth.org |  | Therapist Directory  www.psychologytoday.com |

# CHILDREN & YOUTH RESOURCES

### **a. Emergency and Referral Services**

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| **National Runaway Safeline** |  | **Center for Youth** |
| 1-800-621-4000 |  | 905 Monroe Ave  585-473-2464  www.centerforyouth.net |
| **Crisis Nursery of Greater Rochester** |  |  |
| 201 Genesee Park Blvd  585-235-5750  24 Hour Help Line: 585 271-7670 |  |  |

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### **b. Children and Youth Mental Health Services**

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| **Liberty Resources Behavioral Health Clinic** |  | **Mt. Hope Family Center** |
| 175 Humboldt Street  585-410-3370  www.liberty-resources.org |  | 187 Edinburgh Street  585-275-2991  www.psych.rochester.edu/MHFC/ |
| **Center for Teen Empowerment** |  | **Strong Behavioral Health, Child & Adolescent Clinic** |
| 392 Genesee Street  585-697-3464  www.teenempowerment.org/rochester.html |  | 585-279-7800  www.urmc.rochester.edu/psychiatry/clinical/child.aspx |
| **Center for Youth** |  |  |
| 905 Monroe Ave  585-473-2464  www.centerforyouth.net |  |  |

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### c. Family Mental Health Services

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| **Society for the Protection and Care of Children** |  | **Mt. Hope Family Center** |
| 148 S. Fitzhugh Street  585-325-6101  www.spcc-roch.org |  | 187 Edinburgh Street  585-275-2991  www.psych.rochester.edu/MHFC/ |
| **Mental Health Association Family Support Services** |  |  |
| 320 North Goodman Street  585-325-3145  www.mharochester.org |  |  |

### **d.** **Children and Youth Substance Abuse Services**

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| **Villa of Hope** |  | **Strong Recovery Adolescent and Young Adult Clinic** |
| 3300 Dewey Avenue  585-865-1550  www.villaofhope.org |  | 2613 W. Henrietta Road, Suites C & D  (585) 275-3161 |
| **Alateen** |  |  |
| (585) 482-7073  www.aisrochester.org |  |  |

RESOURCES FOR SPECIAL POPULATIONS

### **Gay, Lesbian, Bisexual, Transgender Support Resources**

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| **GLBT National Help Center** |  | **National Sexual Assault Hotline** |
| 1-888-843-4564  www.glnh.org |  | 1-800-656-HOPE (4673) |
| **GLBT National Youth Talkline** |  | **RAINN** (Rape, Abuse & Incest National Network) |
| 1-800-PRIDE (1-800-246-7743) |  | 1-800-656-HOPE (4673)  www.rainn.org |
| **Trillium Health – Transgender & Gender Expansive Health** |  | **Golisano Children’s Hosptial – Gender Health Services** |
| 259 Monroe Avenue  585-545-7200  www.trilliumhealth.org/en/324/transgender-gender-expansive-health |  | 601 Elmwood Avenue  585-275-2964  https://www.urmc.rochester.edu/childrens-hospital/adolescent/gender-health-services.aspx |
| **Out Alliance** |  |  |
| 100 College Avenue  585-244-9640  Outalliance.org |  |  |

# SELF-HELP RESOURCES AND GROUPS

### Find a time and location of a meeting.

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| **Alcoholics Anonymous** |  | **Narcotics Anonymous** |
| [www.aa.org/pages/en\_US/find-aa-resources](http://www.aa.org/pages/en_US/find-aa-resources) |  | 1-888-GET-HOPE (438-4673) (Hopeline)  [www.na.org/meetingsearch](https://www.na.org/meetingsearch/) |
| **National Domestic Violence Hotline** |  | **Nar-Anon Family Groups** |
| [www.al-anon.alateen.org/local-meetings](http://www.al-anon.alateen.org/local-meetings) |  | [www.nar-anon.org/find-a-group](https://www.nar-anon.org/find-a-meeting) |
| **National Domestic Violence Hotline** |  |  |
| [www.draonline.org](http://www.draonline.org) |  |

# OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner’s HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)