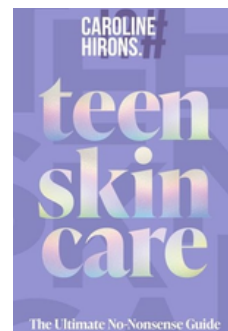


Nonfiction Books for Teens

The Enigma Girls: How Ten Teenagers Broke Ciphers, Kept Secrets, and Helped Win World War II

by Candace Fleming

Bletchley Park was a well-kept secret during World War II, operating under the code name Station X. The critical work of code-cracking Nazi missives that went on behind its closed doors could determine a victory or loss against Hitler's army. Amidst the brilliant cryptographers, flamboyant debutantes, and absent-minded professors working there, it was *teenaged girls* who kept Station X running. They were expected to excel in their fields and most importantly: know how to keep a secret.



Teen Skincare

by Caroline Hirons

Being a teenager is hard - add in hormones, breakouts and an avalanche of dubious TikTok 'hacks', and it's easy to feel overwhelmed. Packed with easy-to-follow routines, myth-busting insights and budget-friendly product recommendations, *Teen Skincare* helps teens take control of their skin with confidence.

Creative Crafts for Teens

by Jennifer Perkins

Get ready to express yourself through art with crafting projects created especially for teenagers. Inside, you'll explore 25 hands-on projects that are super-fun to make, but can also help boost your confidence, encourage self-care, and celebrate your favorite people--that's the power of art!



An Illustrated History of Urban Legends

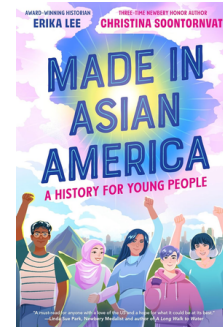
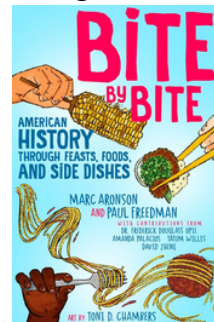
by Adam Allsuch Boardman

From the campfire to the digital rumour mill, urban legends have flourished wherever we tell stories. Whether once true, sprouted from half remembered facts or entirely fictional, we have scrutinized these legends for centuries. This book will ferry you across a river of uncanny tales, from classic folklore to contemporary urban legend.

Bite by Bite: American History Through Feasts, Foods, and Side Dishes

by Marc Aronson

Explore the fascinating history of America as told through the lens of food in this illustrated nonfiction middle grade book "sure to please history buffs and foodies alike" that lays out the diverse cultures that have combined to create the rich and delicious tapestry of the American country and cuisine.



Made in Asian America:

A History for Young People

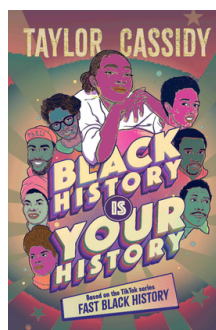
by Erika Lee & Christina Soontornvat

Asian American history is not made up of one single story. It's many. And it's a story that too often goes untold. This book is a stirring account of the ordinary people and extraordinary acts that made Asian America and the young people who are remaking America today.

Can Posters Kill? Antisemitic Propaganda and World War II

by Jerry Faivish with Kathryn Cole

This book uses rare, historical posters to take readers on a visual journey from medieval anti-Jewish artwork to the venomous Nazi propaganda of the Second World War. These posters show how powerful propaganda can be as a tool for spreading hate: how repetition, vivid imagery, and urgent messaging promote intense emotional reactions that can be used to create a coordinated campaign to impact the way we think. By understanding the visual language of propaganda from the past, we can learn to recognize and resist messages of hate- an essential skill in a digital world where information is spread in seconds.



Black History is Your History

by Taylor Cassidy

With sparkling wit and humor-and lots of fun pop culture references-digital content creator Taylor Cassidy takes readers on a journey through the Black history that she wishes she was taught in school. By the end, you'll want to proudly proclaim: "Black history is my history!"



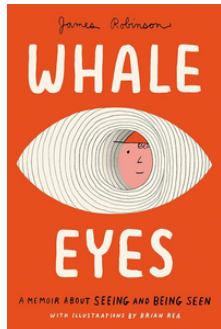
REAL STORIES,
SURPRISING FACTS,
AND BIG IDEAS.

 Monroe County
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TEEN SERVICES LIBRARIANS, 2026

Whale Eyes: A Memoir About Seeing and Being Seen by James Robinson

Told through an experimental mix of intimate anecdotes and interactive visuals, this book immerses readers in James's experiences growing up with strabismus, allowing them to see the world through one eye at a time. Readers will get lost as they chase words. They'll stare into this book while taking a vision test. They'll hold it upside down as they practice "pretend-reading"...and they'll follow an unlikely trail toward discovering the power of words. With poignant illustrations, this story equips readers of all ages with the tools to confront their discomfort with disability and turn confused, blank stares into powerful connections.



A Deathly Compendium of Poisonous Plants: Wicked Weeds and Sinister Seeds by Rebecca E. Hirsch

Explore the strange and remarkable stories of poisonous and even deadly plants. Science, history, and true crime converge in an informative and exciting look at Mother's Nature's ghoulish garden. From a hallucinogenic fungus linked to the Salem Witch Trials to the weed that killed Abraham Lincoln's mother, learn how certain plants evolved toxicity to avoid being consumed by predators and became the predator on their own.



Hick: The Trailblazing Journalist Who Captured Eleanor Roosevelt's Heart by Sarah Miller

Lorena Hickok came from nothing. She was on her own from the age of 14, cooking and scrubbing for one family after another as she struggled to finish school. But the girl who secretly longed for affection discovered she had a talent with words. That talent allowed Hick to carve out a place for herself in the male-dominated newsrooms of the Midwest where she earned bylines on everything from football to opera to politics. By age 35 she'd become one of the Associated Press's top reporters. At the moment her career was taking off, Hick was assigned to cover Eleanor Roosevelt during FDR's presidential campaign. By the close of 1932, Hick was head over heels in love with the wife of the president-elect. And her life would never be the same.



Make Good Trouble: Discover Movements That Sparked Change by Jamia Wilson

Each true story shares how activists across a variety of beliefs, ages, and backgrounds called for change, empowering young readers of all ages, abilities, and circumstances to make a difference. Brimming with illustrations and additional resources, this is essential reading for budding activists.

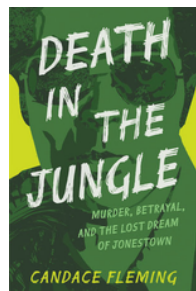
America Redux: Visual Stories from Our Dynamic History by Ariel Aberg-Riger

America Redux explores the themes that create our shared sense of American identity and interrogates the myths we've been telling ourselves for centuries. Fully illustrated with collaged archival photographs, maps, documents, graphic elements, and handwritten text, this book is a dazzling, immersive experience that jumps around in time and will make you view history in a whole different light.



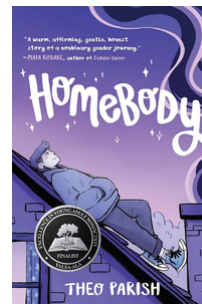
Death in the Jungle: Murder, Betrayal, and the Lost Dream of Jonestown by Candace Fleming

How did Jim Jones, the leader of Peoples Temple, convince more than 900 of his followers to commit "revolutionary suicide" by drinking cyanide-laced punch? From a master of narrative nonfiction comes a chilling chronicle of one of the most notorious cults in American history.



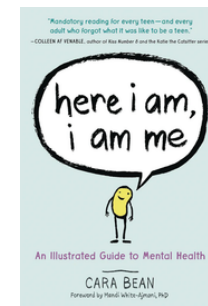
Homebody: A Graphic Memoir of Gender Identity Exploration by Theo Parish

"Have you ever had one of those moments when all of a sudden things become clear...like someone just turned on a light?" In their comics debut, Theo Parish masterfully weaves an intimate and defiantly hopeful memoir about the journey one nonbinary person takes to find a home within themselves. Combining traditional comics with organic journal-like interludes, Theo takes us through tiny everyday moments that all led up to [them] finding the term 'nonbinary,' which finally struck a chord.



Here I Am, I Am Me: A Illustrated Guide to Mental Health by Cara Bean

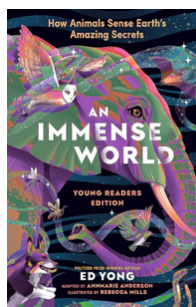
An illustrated journey to the center of the brain. Each of the 9 chapters in this therapist-recommended book explores a different aspect of mental health, from the brain and the mind, to feelings and emotions. By portraying complex neuroscience concepts with a cast of illustrated characters (that represent parts of the brain), the book explains what is really going on in [teens'] heads.



Banned Together: Our Fight for Readers' Rights



Edited by Ashley Hope Pérez
Books are disappearing from shelves across the country. What does this mean for authors, illustrators, and—most crucially—for young readers? This bold collection of fiction, memoir, poetry, graphic narratives, essays, and other genres explores book bans through various lenses, and empowers teens to fight back.



An Immense World: How Animals Sense Earth's Amazing Secrets (Young Readers Edition) by Ed Yong

Did you know that there are turtles who can track the Earth's magnetic fields? That some fish use electricity to talk to each other? Want to know the real reason zebras have stripes? (hint: it's not for camouflage)? Pick up this enthralling and enormously entertaining book to find out!

American Spirits: The Famous Fox Sisters and the Mysterious Fad That Haunted a Nation by Barb Rosenstock

Rap. Rap. Rap. The eerie sound was first heard in March 1848 at the home of the Fox family in [the Rochester area]. The family's two daughters soon discovered that they could communicate with the spirit that was making these uncanny noises. This strange incident, and the ones that followed, generated a media frenzy beyond anything the Fox sisters could have imagined. A real-life ghost story for young adult readers interested in the supernatural, American history, and women's rights!

